

Body fluid test guide

Test name	Test # Synonym	Specimen requirements	Processing, transport & stability
AFB culture and smear	6617 TB	Adult: ≥10 mL or as much fluid as possible in a sterile container Pediatric: ≥1 mL or as much fluid as possible in a sterile container	- Transport refrigerated - <i>Must be received at Allina Health Laboratory within 24 hours of collection</i>
Albumin, pericardial, peritoneal or pleural fluid	950 ALF	1.0mL, or as much as possible, in a sterile container	- Centrifuge for 5 minutes at 2000rcf and submit supernatant - Indicate source on container - Stable 5 days when stored at 2-8°C - Transport refrigerated
Albumin, other body fluids	994 MSO	2.0 mL fluid	Transport refrigerated
Amylase, pericardial, pleural or drain fluid	32 AMF	1.0mL, or as much as possible, in a sterile container <i>Acceptable sources: pleural, pericardial and peritoneal and drain fluids</i>	- Centrifuge for 5 minutes at 2000rcf and submit supernatant - Indicate source on container - Stable 3 days when stored at 2-8°C - Transport refrigerated
Amylase, other body fluids	13370 AMYBF	1.0mL ascitic fluid, cyst fluid etc. in a sterile container	Transport ambient
Anaerobic culture	6554 ANC	Transport specimen in Port-A-Cul vial; Routine aerobic, anaerobic, fungus and AFB cultures can all be performed from this vial. Do not use past expiration date on vial or if a pink to lavender band is present at top of medium. 1. Remove green flip cap 2. Disinfect rubber stopper with appropriate disinfectant 3. Expel air from syringe 4. Collect specimen 5. Push needle through rubber stopper 6. Slowly inject on top of agar	- Transport ambient - <i>Must be received at Allina Health Laboratory within 24 hours of collection</i>
Body fluid culture with Gram Stain	6558 BFL	As much fluid as possible in a 15mL Falcon tube (sterile) or sterile collection container	- Transport at room temperature - <i>Must be received at Allina Health Laboratory within 24 hours of collection</i>
Cell Count & Differential, Body Fluid	9420 BFD	1.0 mL body fluid and place in a lavender top (EDTA) Tube	- Transport refrigerated - <i>Synovial, serous (seroma), pleural, pericardial and peritoneal ONLY - Must be received at Allina Health Laboratory within 24 hours of collection</i>

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Chloride, body fluid	994 MSO	1.0 mL of fluid in a sterile container	Transport refrigerated
Creatinine, pericardial, peritoneal, pleural or drain fluid	86 CRF	1.0mL, or as much as possible, in a sterile container <i>Acceptable sources: pleural, pericardial and peritoneal and drain fluids</i>	<ul style="list-style-type: none"> - Centrifuge for 5 minutes at 2000rcf and submit supernatant - Indicate source on container - Stable 5 days when stored at 2-8°C - Transport refrigerated
Creatinine, synovial fluid	994 MSO	1.0 mL of fluid in a sterile container	Transport refrigerated
Crystal ID, body fluid	425 XTL	2.0 mL fluid (minimum 0.5mL) in a sterile 15ml Falcon Tube	<ul style="list-style-type: none"> - Transport at room temperature - <i>Must be received at Allina Health Laboratory within 48 hours of collection</i>
Cytology	6301 APN	15mL Falcon tube (sterile) or sterile collection container	<ul style="list-style-type: none"> - Transport refrigerated - <i>Vitreous fluids or washings submitted for Cytological examination must be delivered to Allina Health Laboratory immediately</i>
Fungus culture, other sources	6579 FUN	As much fluid as is available in a sterile container	<ul style="list-style-type: none"> - Transport at room temperature - <i>Must be received at AHL within 48 hours of collection</i>
Glucose, body fluid	9107 GBF	1.0mL, or as much as possible, in a sterile container <i>Acceptable sources: pleural, pericardial and peritoneal and drain fluids</i>	<ul style="list-style-type: none"> - Centrifuge for 5 minutes at 2000rcf and submit supernatant - Indicate source on container - Stable 5 days when stored at 2-8°C - Transport refrigerated
LD, CSF or synovial fluid	994 MSO	1.0 mL of fluid in a sterile container	<ul style="list-style-type: none"> - Transport at ambient/room temperature
LD, pericardial, peritoneal or pleural fluid	156 LDF	1.0mL, or as much as possible, in a sterile container <i>Acceptable sources: pleural, pericardial and peritoneal and drain fluids</i>	<ul style="list-style-type: none"> - Centrifuge for 5 minutes at 2000rcf and submit supernatant - Indicate source on container - Stable 3 days when stored at 2-8°C - Transport refrigerated
Lyme disease PCR, CSF or synovial fluid	13393 LYMEPCR	0.5mL of CSF or synovial fluid in a sterile container	<ul style="list-style-type: none"> - Indicate source on container - Transport ambient/room temp
Potassium, body fluid	994 MSO	1.0 mL of fluid in a sterile container	<ul style="list-style-type: none"> - Indicate source on container - Transport refrigerated
Protein, body fluid	9362 PBF	1.0mL, or as much as possible, in a sterile container <i>Acceptable sources: pleural, pericardial and peritoneal and drain fluids</i>	<ul style="list-style-type: none"> - Centrifuge for 5 minutes at 2000rcf and submit supernatant - Indicate source on container - Stable 5 days when stored at 2-8°C - Transport refrigerated

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Sodium, body fluid	994 MSO	1.0 mL of fluid in a sterile container	- Indicate source on container - Transport refrigerated
Specific gravity, body fluid	371 SGF	1.0 mL of fluid in a sterile container	Transport refrigerated
Uric Acid, body fluid	994 MSO	1.0 mL of fluid in a sterile container	- Indicate source on container - Transport ambient/room temp
Spinal fluid culture, stain	6557 LAB6557	1.0 mL CSF in a sterile vial	Do not refrigerate; transport immediately.
Viral culture, general	13343	1.0 mL of fluid in a sterile container	Transport refrigerated