

## Body fluid test guide

Test Name	Test # Synonym	Specimen Requirements	Processing, transport & stability
AFB culture and smear	6617 TB	Adult: ≥10 mL or as much fluid as possible in a sterile container Pediatric: ≥1 mL or as much fluid as possible in a sterile container	Transport refrigerated.
Albumin, pericardial, peritoneal, or pleural fluid	950 ALF	1.0 mL or as much as possible in a sterile container	Centrifuge for 5 minutes at 2000rcf and submit supernatant. Indicate source on container. Stable 5 days when stored at 2-8° C. Transport refrigerated
Albumin, other body fluids	994 MSO	1.0 mL	Transport refrigerated
Amylase, pericardial, pleural or drain fluid	32 AMF	1.0 mL or as much as possible, in a sterile container <i>Acceptable sources: pleural, pericardial, and peritoneal and drain fluids</i>	Centrifuge for 5 minutes at 2000rcf and submit supernatant. Indicate source on container. Stable 3 days when stored at 2-8°C. Transport refrigerated
Amylase, other body fluids	13370 AMYBF	1.0 mL ascitic fluid, cyst fluid etc. in a sterile container	Transport ambient
Anaerobic culture	6554 ANC	Transport specimen in A.C.T culture transport tube. Routine aerobic, anaerobic, fungus and AFB cultures can all be performed from this vial.	Transport ambient
Body fluid culture with Gram Stain	6558 BFL	As much fluid as possible in a 15mL Falcon tube (sterile) or sterile collection container	Transport at room temperature <i>Must be received at Allina Health Laboratory within 24 hours of collection</i>

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Cell Count & Differential, Body Fluid	BFD 9420	1.0 mL in a lavender top (EDTA) Tube	Transport refrigerated <i>Synovial, serous (seroma), pleural, pericardial, and peritoneal ONLY - Must be received at Allina Health Laboratory within 24 hours of collection</i>
Chloride, body fluid	994 MSO	1.0 mL in a sterile container	Transport refrigerated
Creatinine, pericardial, peritoneal, pleural or drain fluid	86 CRF	1.0 mL or as much as possible in a sterile container <i>Acceptable sources: pleural, pericardial, and peritoneal and drain fluids</i>	Centrifuge for 5 minutes at 2000rcf and submit supernatant. Indicate source on container. Transport refrigerated
Creatinine, synovial fluid	994 MSO	1.0 mL in a sterile container	Transport refrigerated
Crystal ID, body fluid	452 XTL	2.0 mL (0.5 mL minimum) in sterile 15 mL Falcon Tube	Transport at room temperature <i>Must be received at Allina Health Laboratory within 48 hours of collection</i>
Cytology	6301 APN	15mL Falcon tube (sterile) or sterile collection container	Transport refrigerated <i>Vitreous fluids or washings submitted for Cytological examination must be delivered to Allina Health Laboratory immediately</i>
Fungus culture, other sources	6579 FUN	As much fluid as is available in a sterile container	Transport at room temperature <i>Must be received at AHL within 48 hours of collection</i>

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Glucose, pericardial, peritoneal, or pleural fluid, or drain	9107 GBF	1.0 mL in a sterile container <i>Acceptable sources: pleural, pericardial, and peritoneal and drain fluids</i>	Centrifuge for 5 minutes at 2000rcf and submit supernatant. Indicate source on container. Stable 3 days when stored at 2-8°C Transport refrigerated
LD, Amniotic, CSF, gastric or synovial fluid	14223 LDCSFSYN	1.0 mL in a sterile container	Transport at room temperature
LD, pericardial, peritoneal, or pleural fluid	156 LDF	1.0 mL in a sterile container <i>Acceptable sources: pleural, pericardial, and peritoneal and drain fluids</i>	Centrifuge for 5 minutes at 2000rcf and submit supernatant. Indicate source on container. Stable 3 days when stored at 2-8°C Transport refrigerated
Lyme disease PCR, CSF or synovial fluid	13393 LYMEPCR	0.5 mL in a sterile container	Indicate source on container. Transport room temperature
Potassium, body fluid	994 MSO	1.0 mL in a sterile container	Indicate source on container. Transport refrigerated
Protein, body fluid	9362 PBF	1.0 mL in a sterile container <i>Acceptable sources: pleural, pericardial, and peritoneal and drain fluids</i>	Centrifuge for 5 minutes at 2000rcf and submit supernatant. Indicate source on container. Stable 5 days when stored at 2-8°C Transport refrigerated
Sodium, body fluid	994 MSO	1.0 mL in a sterile container	Indicate source on container. Transport refrigerated
Specific gravity, body fluid	371 SGF	1.0 mL in a sterile container	Transport refrigerated
Uric Acid, body fluid	994 MSO	2.0 mL in a sterile container	Indicate source on container. Transport room temperature

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Spinal fluid culture, stain	6557 CSF	1.0 mL CSF in sterile container	Do not refrigerate. Transport immediately
Viral culture, general	13343 VIRALCULT	Varies. 1.0 mL of fluid in a sterile container or Copan UTM-RT (purple cap) swab	Transport refrigerated