

# ALLINA HEALTH LABORATORY

## Memo

**To:** Allina Health Laboratory outreach clients  
**From:** Allina Health Laboratory outreach services  
**Date:** August 8, 2023  
**Re:** Testing returning to Allina Health Laboratory

Effective immediately, testing that was temporarily referred to an external reference laboratory returned to being performed at Allina Health Laboratory. The following table lists the assays included with this transition and changes made to these tests.

TEST	Changes
DHEA-Sulfate (DHEA-S)	Stability updated: shortened ambient to 5 days instead of 14 days
ESTRADIOL	No changes
FSH	Minimum volume changed from 0.4 mL to 0.5 mL
LUTEINIZING HORMONE	Stabilities updated: extended refrigerated to 14 days; added ambient; shortened frozen to 6 months
PROGESTERONE	No changes
TESTOSTERONE, TOTAL	Added minimum volume of 0.5 mL
VITAMIN D 25 (Deficiency)	Added LiHep PST as acceptable sample type Stabilities updated: shorten refrigerated to 4 days; extended frozen to 24 weeks; shortened ambient to 8 hours
VITAMIN B12	Shortened spin time to within 1 hour from within 2 hours Stabilities updated: shortened refrigerated to 48 hours; frozen to 56 days; added ambient 2 hours. Updated days performed and reference ranges.
FOLIC ACID	Shortened spin time to within 1 hour from within 2 hours Stabilities updated: shortened refrigerated to 48 hours; frozen to 56 days; added ambient 2 hours. Updated days performed and reference ranges.